Membership Benefits and Opportunities



Phone: 8234 6369 Email: admin@sasma.com.au Address: 27 Valetta Road Kidman Park 5025

Our Mission

SA Sports Medicine Association (SASMA) is the peak multidisciplinary organisation of Sport Sciences and Sports Medicine Professionals in South Australia dedicated to enhancing the health and performance of the community through safe participation in sport and physical activity.

SA Sports Medicine Association was established under the name of Australian Sports Medicine Federation (SA Branch) Inc. in 1961.

It is:

A multidisciplinary organisation inclusive of all medical and allied professionals with an interest in sport and recreation
A non-profit health and safety promotion organisation
A community education and industry service provider.



1

PROFESSIONAL DEVELOPMENT PROGRAMS

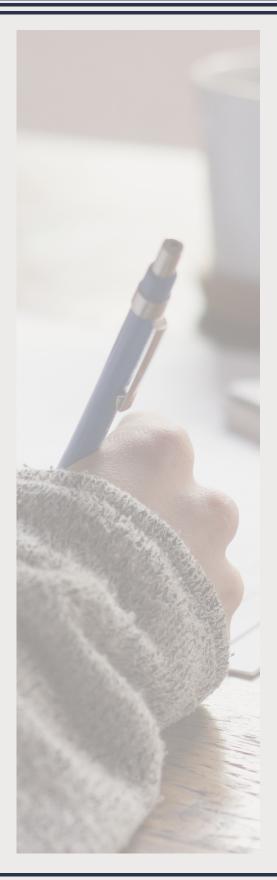
Multidisciplinary education evenings are offered free of charge to members allowing them to build on their knowledge and expertise through listening to experienced sports medicine and sports science professionals.

University Education Series provides further education sessions for under graduate students and recent graduate members.

Sports Medicine in General Practice Courses for GP's to receive tailored education in the areas of sport and musculoskeletal medicine.

PD workshops for members to receive tailored education through SASMA's network partners.

SASMA holds the annual Members Conference which is highly rated from all SASMA members.





2

MAXIMISE EXPOSURE

SASMA Membership allows you to network with other local practitioners with a sports medicine interest. This is a key focus of all sessions run by SASMA.

Community Engagement is a priority for SASMA and it provides an opportunity for members to present at courses run for Accredited Sports Trainers (of which there are over 1300 in South Australia), clubs, schools and sporting organisations in your local area.

Advertise yourself or organisation through exposure on the SASMA Website and social media pages. Take advantage of our <u>"Professional Positions Available"</u> page which is available to the general public and other medical professionals.

This is a great opportunity for members to promote themselves to the community.





CAREER DEVELOPMENT

3

SA Sports Medicine Association's Professional Members and Partners often host and coordinate Professional Development Workshops, Courses and Conferences.

Professional Members' Education Sessions are aimed at providing education on a range of topics through seminars and workshops from a multidisciplinary approach with take home messages to use in your practice.





NETWORKING

SASMA holds a variety of programs, events and workshops which all incorporate networking opportunities with industry professionals and maximize exposure to other SASMA Members and the broader community.





5

STAY UPDATED WITH THE LATEST RESOURCES

Becoming a SASMA Member will help you keep up to date with the latest news through Journal Articles, Newsletters, Videos, Podcasts and Fact Sheets available online through the Members Portal including our Members Conference and Members' Education Session lectures.

You can also access policies, position statements and guidelines on topical issues.

Becoming a member with SASMA allows you to take advantage of our resources we provide such as our online <u>Membership Directory</u> which is active on the SASMA website enabling the sports medicine community and general public the ability to search for members⁻ practice details.

"FIND A SPORTS MEDICINE PROFESSIONAL"



Professional Full Membership

Professional (Full) Membership is the category for professionals in the sports medicine and sports science industry. To be eligible for Professional Membership applicants must have completed an approved tertiary degree that is recognised and approved by SASMA.

The criteria for determining a Tertiary Degree that is recognised and approved by SASMA:

The tertiary degree must be attained from an accredited institution listed on the Australian Qualifications Framework (AQF) Register. The register is accredited by the Ministerial Council on Education, Employment, Training and Youth Affairs (MCEETYA).

SASMA Professional Members shall:

- Comply with the SASMA Code of Ethics.
- Uphold the Vision, Mission and Values of SASMA.

- Comply with and observe the Articles of Association of ASMF (SA Branch) Ltd and regulations of the organisation and any determination or resolution which may be made or passed by the Board or duly authorised Committee or Board.

Majority of SASMA's Full Members are Physiotherapists, GP's, Sports Doctors, Sports Physicians, Exercise Scientists, Sports Dietitians, Sports Psychologists, Podiatrists, Physical Activity Academics and Researchers, Public Health experts, Orthopaedic Surgeons and PE teachers.

Examples of recognised degrees: (This list is not exhaustive)

- Dietitians Bachelor of Health Sciences (Nutrition & Dietetics)
- Medicine Bachelor of Medicine
- Physiotherapy Bachelor of Physiotherapy
- Sports Science Bachelor of Applied Science (Human Movement)
- Education Bachelor of Physical Education
- Podiatry Bachelor of Health Science (Podiatry)
- Psychology Bachelor of Psychology

Professional Full Members also receive:

- Voting rights and eligibility to stand for Board positions



Recent Graduate Membership

Recent Graduate Membership is the category for sports medicine and sports science professionals that have graduated from University less than 12 months earlier. To be eligible for Recent Graduate Membership, applicants must have completed a minimum of a 3 year full time tertiary degree that is recognised and approved by the SASMA Council.

The profession of most Recent Graduate Members are Physiotherapists, GP's, Sports Doctors, Sports Physicians, Exercise Scientists, Sports Dietitians, Sports Pscyhologists, Podiatrists, Physical Activity Academics and Researchers, Public Health experts, Orthopaedic Surgeons and PE teachers.

Examples of recognised degrees: (This list is not exhaustive)

- Dietitians Bachelor of Health Sciences (Nutrition & Dietetics)
- Medicine Bachelor of Medicine
- Physiotherapy Bachelor of Physiotherapy
- Sports Science Bachelor of Applied Science (Human, Movement)
- Education Bachelor of Physical Education
- Podiatry Bachelor of Health Science (Podiatry)
- Psychology Bachelor of Psychology





Associate Membership

Associate Membership is available to anyone that has an interest in sports medicine, sports science, physical activity or public health.

Some of the current Associate Members are:

- Coaches
- Officials
- Administrators
- Massage therapists
- Personal Trainers

Student Membership

Student Membership is the category for people studying in the sports medicine and sports science area. People studying in other areas can also qualify. To be eligible for Student Membership applicants must be enrolled in full time education. Education facilities include Universities, TAFEs, Business Academies etc.

Examples of Student Members' degrees: (This list is not exhaustive)

- Dietitians Bachelor of Health Sciences (Nutrition & Dietetics)
- Medicine Bachelor of Medicine
- Physiotherapy Bachelor of Physiotherapy
- Education Bachelor of Physical Education
- Podiatry Bachelor of Health Science (Podiatry)
- Psychology Bachelor of Psychology
- Sports Science Bachelor of Applied Science (Human Movement, Sports Studies)

Sports Trainers

All SASMA Accredited Sports Trainers are SASMA Sports Trainers for the duration of their Accreditation.



BECOME A MEMBER

SA Sports Medicine Association prides itself on being a truly multidisciplinary organisation, bringing together the various sports science and medicine discipline groups in Australia under one common umbrella. SASMA members are literally the 'team behind the teams'.

To become a Member please complete a <u>membership form</u> and send it to:

admin@sasma.com.au or PO Box 219 Brooklyn Park 5032









Phone: 8234 6369 Email: admin@sasma.com.au Address: 27 Valetta Road Kidman Park 5025