

PRACTICAL COVID TIPS FOR SPORT AND ACTIVITY

Everyone in your club, school, and community activity is responsible for making a COVID-Safe environment so all can enjoy sport and activity.

FOR SPORTS TRAINERS AND FIRST AID PERSONNEL...

1



WEAR A MASK AND GLOVES
WHEN TREATING / TAPING

**ALSO ASK YOUR
PLAYER TO WEAR A MASK**



2

**MINIMISE NUMBER OF PEOPLE IN
TREATMENT ROOM**



**TREAT OUTSIDE
WHEN YOU CAN**



3



**ALWAYS
CLEAN**

**MESSAGE TABLES
YOUR EQUIPMENT
GENERAL AREA**



4



REGULARLY

WASH AND SANITISE YOUR HANDS

