

SA Sports Medicine Association (SASMA) is the peak body advancing safe sport in SA, through expert care, education and leadership. Our Sports Medicine, Allied Health and Sports Science professionals are committed to enhancing the health and performance of the community, supporting lifelong participation in sport, physical activity and recreation activities.

Our Values

We represent, advocate and lead SA's multidisciplinary peak body representing sports medicine and sports science professionals. We are committed to advancing safe sport through expert care, education and leadership. We enhance the health, wellbeing, safety, and performance of individuals, teams and communities participating in sport, physical activity, and recreation.

Through our education and services to members and the broader community, SASMA serves as a recognised authority in:

- Sports medicine and sports science.
- World leading, high-quality professional development education.
- The health care and wellbeing of physically active individuals at all levels of participation.
- The promotion of safe and inclusive participation in physical activity and recreation.
- The prevention and management of health challenges associated with physical inactivity and sedentary lifestyles.

Member Responsibilities

As a member of SASMA, I will:

Professional Integrity

- Uphold the focus, values and commitment within the Strategic Plan.
- Demonstrate honesty, integrity, professionalism, and accountability in all professional activities.
- Respect and protect human life, dignity, wellbeing, and individual rights.
- Adhere to the ethical standards, codes of conduct, and professional obligations of my respective discipline.

Excellence in Practice

- Strive to advance the standards and quality of sports medicine, sports science, and health services within the community.
- Maintain professional competence through ongoing education, training, and engagement with current evidence-based practices.
- Share relevant knowledge and expertise with colleagues and fellow members to support professional development and collective advancement.

Respect and Inclusion

- Treat all individuals with respect, fairness, and dignity.
- Foster an inclusive environment free from discrimination, harassment, or bias.
- Never deny care, support, or professional services on the basis of culture, ethnicity, religion, political belief, gender, sexual orientation, age, disability, socioeconomic status, or the nature of an individual's injury, condition, level of participation or other.

Athlete and Participant Care

- Act in the best interests of athletes, participants, and clients at all times.
- Provide professional services objectively, ethically, and confidentially, in accordance with relevant privacy and professional obligations.
- Exercise sound judgement and maintain professional independence when making decisions that affect the health, safety, or wellbeing of an athlete or participant.
- Ensure individuals are provided with clear, accurate, and appropriate information regarding their condition, including likely causes, available treatment or management options, and the potential benefits and risks associated with those options.
- Recognise the limits of my professional expertise and refer individuals to appropriately qualified practitioners when required. Where appropriate and with relevant consent, I will ensure the timely transfer of information necessary to support continuity of care.

Collaboration and Professional Respect

- Respect and acknowledge the expertise, contributions, and achievements of practitioners across all disciplines represented within SASMA.
- Encourage collaborative, multidisciplinary approaches that enhance outcomes for athletes, participants, and the broader community.

Representation and Communications

- Ensure all advertising, promotion, and public communications are accurate, professional, and consistent with the requirements of my profession and applicable laws and regulations.
- Use the SASMA name, acronym, logo, and branding only in accordance with SASMA's Branding Policy and with appropriate authorisation.
- Avoid any conduct that may bring SASMA, the profession, or fellow members into disrepute.

Commitment

Membership of SASMA represents a commitment to excellence, ethical practice, collaboration, and service to the community. Members are expected to uphold this Code of Ethics and contribute positively to the reputation, integrity, and advancement of sports medicine and sports science.